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| How were you connected to the special person who died? | How did you feel when you found out your special person died? |
| What is your earliest memory of the person who died? | What reminds you of your special person? |
| How do you feel when talking about the person’s death? | What would you like to accomplish in this group? |
| How were you told that your special person was going to die/died? | Can you still talk to your special person? |

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| When you thinking about your special person who died what do you feel? | How is/did your family react to the loss? |
| What do you do when you feel sad about the loss? | Who told you about the death and what did they say? |
| What do you do when you miss your special person? | What I will miss most about my special person is? |

\*the purpose of these cards is to prompt discussions that help the group members and the facilitator understand the purpose of their grief and how they lifestyle dictates their reactions to the loss